

National Representative Report

Name
Layla Edward
Email
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Country (click and select)
Cyprus
Do you represent a second country?
No
Reporting Year
2026
General Summary: What's happening within the field of breathwork in your country? What actions or activities did you create as the National Representative?
Retreats groups practicing Conscious Connected Breathing Private sessions
Number of individual members in your country
2
Number of professional members in your country
2
Number of schools / organisations in your country
1
How do you enjoy serving as your country's National Representative? On a scale from 0 to 10, where 10 is the best.
8
Elected as NR in (year)

National Representative Report

2019
Will you continue in your role as National Representative for the coming year?
Yes
What are your objectives for next year?
Retreats, trainings, private sessions and more activities online
Did you attract new members?
No
Have you connected with existing members in your country?
Yes
How was the experience?
Always deep and committed
Were you engaged in World Breathing Day (April 11) in your country/region?
Yes
What happened in your country on the WBD?
Online activities
Do you run a national IBF social media channel in your country?
No
Did you attend most NR/Taskforce meetings during the last year?
Yes
Do you need support from the organisation, or from fellow NR/Ambassadors?
Yes
Please specify what you need
The list of members in cyprus in the past years

National Representative Report

How was it for you to work with members of the IBF leadership teams? On a scale from 0 to 10, where 10 is the best.
9
How do you feel about being in service for the organisation? On a scale from 0 to 10, where 10 is the best.
9
Will you be attending the next conference?
No
Do you plan to attend the online AGM's?
Yes
How do you like where the organisation is heading? On a scale from 0 to 10, where 10 is the best.
8
How do you like the current AGM format? On a scale from 0 to 10, where 10 is the best.
8
Room for a personal message (optional)
Always happy to support and thankful for the team work
GDPR Agreement
Accepted
Date of submission
07/06/2026